Sequential and Continuous Learning

*When learning big chunks of information, do it in a systematic and sequential manner.
*Do it in the same order every time and add on a little more.
*Continue to review as you add on.

Example:
Labeling states on a U.S. map — break the map into chunks. Learn one chunk. Then add another chunk but review the first group of states learned. Third, review the first two groups and add a third chunk, etc.